

ST. PIUS X SCHOOL - OCTOBER MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| SEPT 30 CHICKEN TENDERS OR BACON EGG & CHEESE CROISSANT MASHED POTATOES STEAMED CORN WW ROLL TOSSED SALAD | 1 TACO TRIANGLES OR PIZZA CRUNCHERS RICE STEAMED BROCCOLI TOSSED SALAD | 2 LASAGNA OR PASTA W/ MEATBALLS CAESAR SALAD WW GARLIC ROLL | 3 WINGS OF FIRE OR CHICKEN PATTY OVEN FRIES CARROTS TOSSED SALAD | 4 CHEESE PIZZA SPINACH SALAD CHICKPEA SALAD BAKED CHIPS FRESH FRUIT DESSERT DAY |
| 7 ROASTED CHICKEN OR BUFFALO CHICKEN PATTY MASHED POTATOES STEAMED CORN WW ROLL TOSSED SALAD | 8 TACO OR ORANGE CHICKEN RICE STEAMED BROCCOLI TOSSED SALAD | 9 BAKED ZITI OR BUTTERED PASTA CAESAR SALAD WW GARLIC ROLL | 10 PIZZA CRUNCHERS OR BUFFALO CHICKEN TENDERS OVEN FRIES CARROTS TOSSED SALAD | 11 CHEESE PIZZA SPINACH SALAD CHICKPEA SALAD BAKED CHIPS FRESH FRUIT DESSERT DAY |
| 14 NO SCHOOL COLUMBUS DAY | 15 TACO TRIANGLES OR CHICKEN PATTY RICE STEAMED BROCCOLI TOSSED SALAD | 16 CHEESE PIZZA SPINACH SALAD CHICKPEA SALAD BAKED CHIPS FRESH FRUIT DESSERT DAY | 17 11:30 DISMISSAL PARENT/TEACHER CONFERENCES NO BREAKFAST OR LUNCH SERVED | 18 11:30 DISMISSAL PARENT/TEACHER CONFERENCES NO BREAKFAST OR LUNCH SERVED |
| 21 CHICKEN TENDERS OR HAM & CHEESE CROISSANT MASHED POTATOES STEAMED CORN WW ROLL TOSSED SALAD | 22 TACOS OR FRENCH BREAD PIZZA RICE STEAMED BROCCOLI TOSSED SALAD | 23 MAC & CHEESE OR STUFFED SHELLS CAESAR SALAD WW GARLIC ROLL | 24 CHEESE PIZZA SPINACH SALAD CHICKPEA SALAD BAKED CHIPS FRESH FRUIT DESSERT DAY | 25 11:30 DISMISSAL PROFESSIONAL DAY NO BREAKFAST OR LUNCH SERVED |
| 28 POPCORN CHICKEN OR BUFFALO CHICKEN PATTY MASHED POTATOES STEAMED CORN WW ROLL TOSSED SALAD | 29 ORANGE CHICKEN OR CHICKEN PATTY RICE STEAMED BROCCOLI TOSSED SALAD | 30 ALFREDO OR PENNE W/ MEAT SAUCE CAESAR SALAD WW GARLIC ROLL | 31 MEATBALL SUBS OR CHEESEBURGERS OVEN FRIES CARROTS TOSSED SALAD | NOV 1 CHEESE PIZZA SPINACH SALAD CHICKPEA SALAD BAKED CHIPS FRESH FRUIT DESSERT DAY |

AVAILABLE DAILY

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| ASSORTED SANDWICHES SEVERAL VARIETIES OF SANDWICHES AND WRAPS INCLUDING...HAM, TURKEY, SALAMI, ITALIAN, SUNBUTTER & JELLY, SUNBUTTER & FLUFF | ASSORTED GRAB & GO SALADS CHEF, CHICKEN CAESAR, GREEK, TOSSED W/ TUNA, GARDEN VEGETARIAN | LOW FAT YOGURT, FRUIT AND GRANOLA PARFAITS ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILK KETCHUP, SALSA, FAT FREE SALAD DRESSINGS |
| BREAKFAST AND LUNCH ARE FREE TO ALL STUDENTS | A wide variety of FRESH VEGGIES & FRUIT SERVED DAYLY | BREAKFAST AND LUNCH ARE FREE TO ALL STUDENTS |