

NOTES FROM THE OFFICE

September 22, 2021

Fr. Chris Stanibula

Fr. Chris was in yesterday, to say goodbye as he moves on to his new assignment. He expressed how much he would miss the school and the students, and I know they will miss him. As he assumes the role of Administrator at St. Anthony of Padua in Mattapoisett and St. Rita of Cascia in Marion, we wish him well!

School Safety

We've practiced fire drills, including an unscheduled drill yesterday with the fire department, and a scheduled lockdown drill today with Mrs. Petrie and Mr. Mason assisting. Classes had practiced these emergency procedures with their own teachers and specialists, and were well-prepared for both. Students were amazing!

A Return to Normal for a School Tradition

School soccer has returned, with an exciting start to the Crusaders' season. Our student-athletes have demonstrated tremendous skill and sportsmanship and are to be commended. Also to be commended- our on-spot sports announcers, **Riley** and **Alissa**, who announce the results to the school the morning after an event!

Picture Day

Individual student pictures will be taken for our students on Oct. 14th.

Calendar Change

Please note that Friday, Nov. 19th is a Diocesan Professional Day for all staff, and there is no school that day.

Cafeteria

Make your child's day special- come volunteer in the cafeteria! See your child or children, enjoy them interacting with friends and classmates, and get to know other students and parents. This assistance provides the teachers with short, but well-deserved breaks for which they are very grateful!

Survey

Please watch for a survey tomorrow related to COVID vaccinations, and please complete.



September 22, 2021

REMINDER
BACK TO SCHOOL PAPERWORK

If you have not signed and returned the Student Handbook contract, please do so by Friday, September 24th.

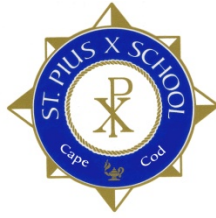
UNIFORM REMINDER

Please note that the last day for Summer Uniforms will be Friday, October 8th. The traditional dress code (including school sweater) will be in effect Tuesday, October 12th through Tuesday, November 23rd. **A reminder that the gym pant or sweat pant must be worn over the mesh shorts during classroom time. During Physical Education class, the gym pant or sweat pant may be removed.**

SCHOOL PHOTOS - PLEASE NOTE DATES

Individual photos will be taken on Thursday, October 14th for all students in PreK - Grade 8. (Photo order envelopes will be sent home in the next few weeks.)

Students ARE REQUIRED to wear their Traditional Dress Uniform including their sweater on Portrait Day.



UNIFORM REMINDER

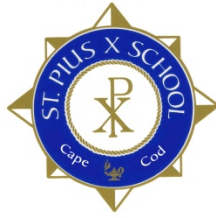
Please note that effective Tuesday, October 12th, students are no longer able to wear the Summer Uniform. The listing of the Standard Uniform can be found below. The polo shirt may continue to be worn as part of the Physical Education uniform. An additional note regarding the Physical Education uniform; as we move into cooler months, the sweat pant must be worn over the mesh shorts during classroom time. During Physical Education class, the sweat pant may be removed.

Please note that to keep consistency in our dress code; all uniform purchases must be made through the uniform company and not from other vendors including department stores.

STANDARD REQUIRED UNIFORM

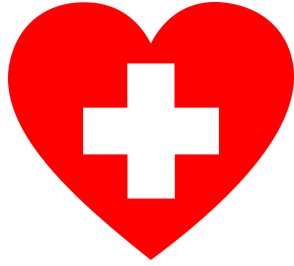
GRADES 5-8		
Boys	Trousers	khaki
	Shirts	White or light blue oxford button down, long or short sleeve
	Sweater	navy V-neck pullover with school logo
	Ties	official school tie
Girls	Kilts	navy or black watch plaid of modest length
	Shirts	white or light blue oxford button down, long or short sleeve
	Sweater	navy V-neck pullover with school logo
	Socks	navy knee length
	Tights	navy
Boys and Girls	Shoes	navy, black or brown non-marking of a modest style (Docksidors© and Merrell© Jungle Moc style acceptable)

GRADES K-4		
Boys	Trousers	navy pants
	Shirts	white oxford button down, long or short sleeve
	Sweater	navy V-neck pullover with school logo
	Socks	navy
	Ties	official school tie
Girls	Plaid Jumpers	
	Blouses	white round collar, long or short sleeve
	Sweater	navy cardigan with school logo
	Socks	navy knee length or white anklets
	Tights	navy
Boys and Girls	Shoes	navy, black or brown non-marking shoes of a modest style (Docksidors© and Merrell© Jungle Moc acceptable)

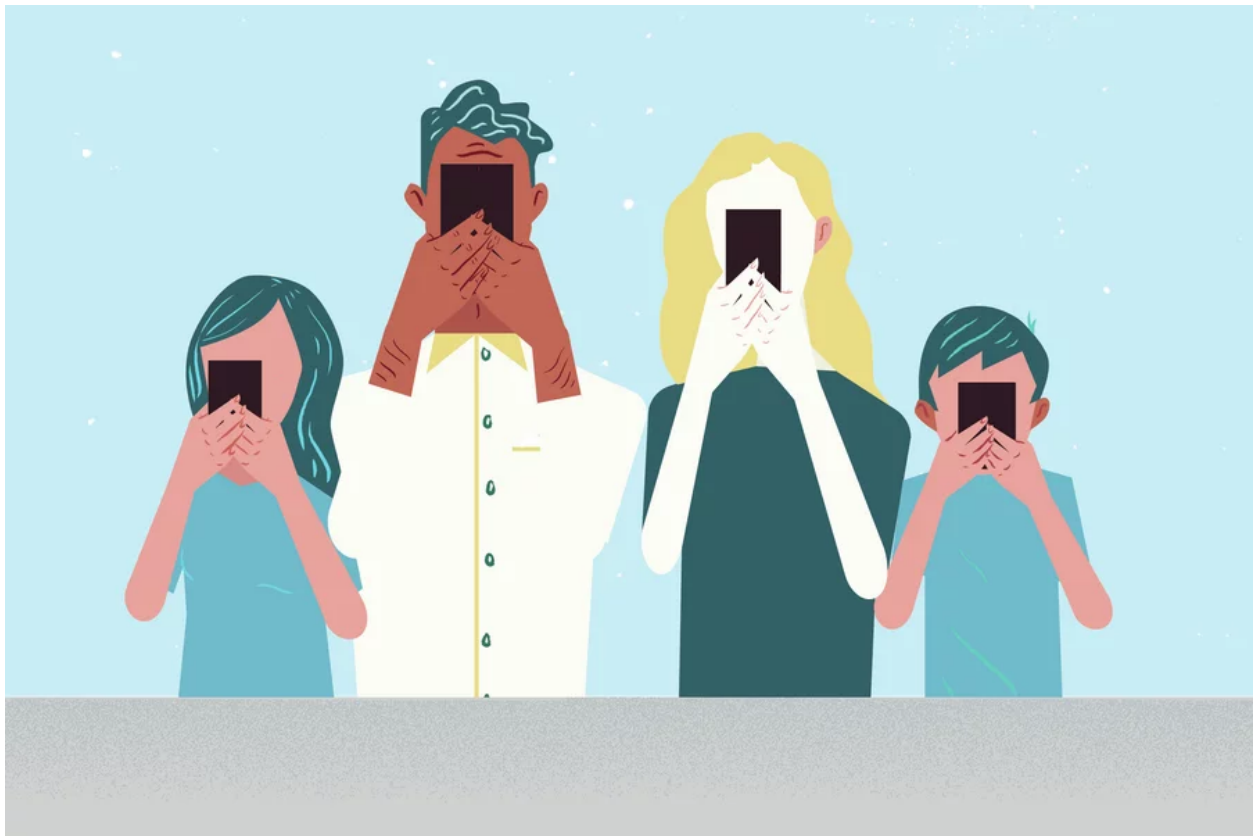


Pre-Kindergarten students must wear the following items:

PRE-K		
Boys	Pants	navy pants
	Shirt	light blue polo with school logo - long or short sleeve
Girls	Pants	navy pants
	Shirt	light blue polo with school logo - long or short sleeve
	Plaid Jumper or Navy Skort	
	Blouses	white round collar, long or short sleeve



FROM NURSE ANNIE



- Common Sense Media recently reported that teens between the ages of 13-18 spend an average of over 7 hours a day on screens, not including school work.
- A recent study says 1/3 of teens check their phones in the middle of the night!
- 65% of pre-teen kids, under the age of 13 own their own phone
- Over use of smartphones is linked with depression, anxiety, poor self regulation, social problems, decreased self image and more
- Seven in 10 teen girls use social media every day

WHAT CAN PARENTS/GUARDIANS DO?

It is essential you engage your child with meaningful conversation about why it is important to be intentional with how we use technology.

Together as a family, read this Family Guide: Let's Talk About Purpose.

<https://www.waituntil8th.org/family-guides>

This guide will dive into the WHY we want to spend less time on our phone. This conversation paired with good parental controls will help your child use his or her iPhone.

This is a helpful tool for navigating such issues as how to talk with your child about technology, how to set healthy parameters and why, along with texting strategies.

Starter Phones

Are you considering a phone for your child? If calling and texting is all that is needed Check out this of basic phones: <https://www.waituntil8th.org/devices>



Please join us for a
FRIENDS OF SPXS MEETING
Friday, September 24th at 8:00 AM
Tailgating-style ☺
(Church parking lot - back corner)
ALL ARE WELCOME!

- *FRIENDS Board introductions (roles and responsibilities)*
- *Welcome to new families/mentor program*
- *Summer purchases/improvements/support*
- *Enrichment and Events (committee sign-ups)*
- *Fundraising (calendars)*
- *Ideas, Suggestions, Feedback!*
- *Spring Fling 2022 - Intro/Planning...so exciting!*

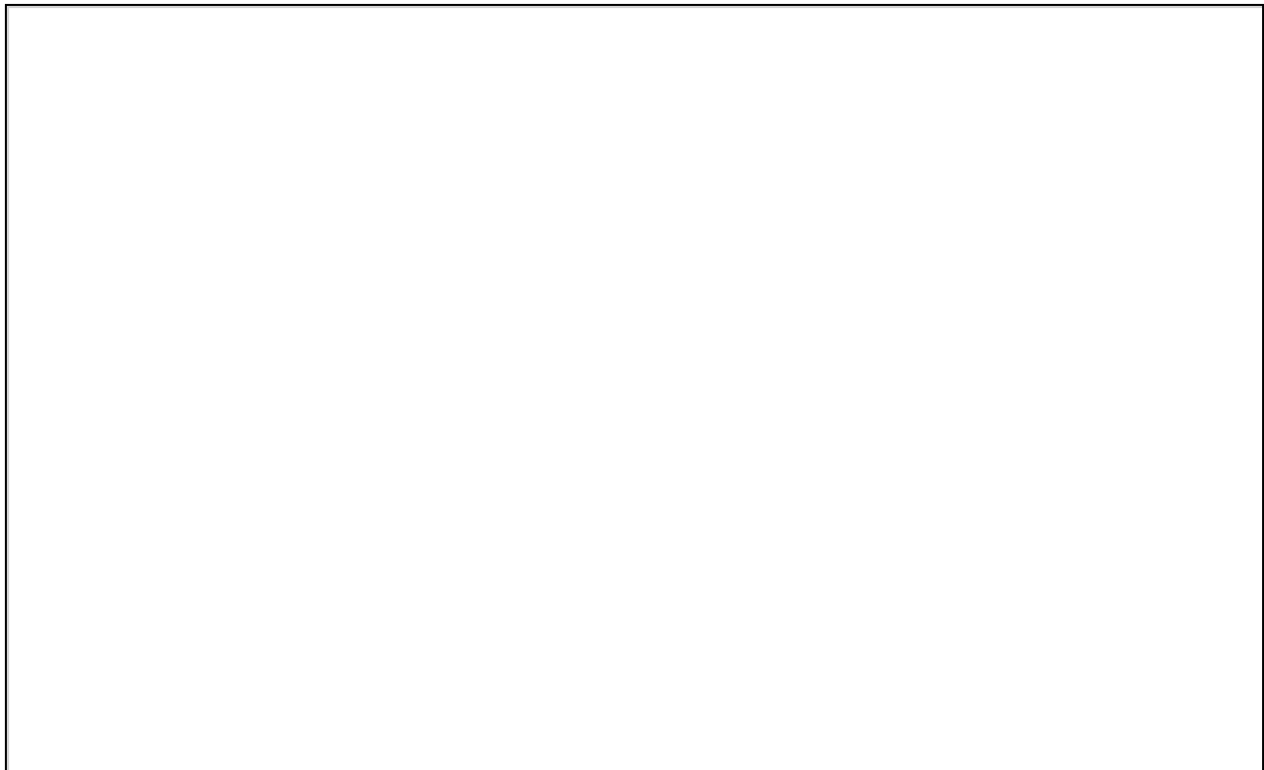
Christmas Raffle Calendar Design Contest

We are designing the SPXS 2021 Christmas Raffle Calendars and would like to showcase the talents of two students (one Lower School and one Middle School)

Simply design and color a picture about what Christmas looks like to you in the box below and return it to school by *Friday, September 24th.*

Winners will have their name and artwork printed on the front of the raffle calendars and get a NUT card too!

Student Name: _____ Class: _____

A large empty rectangular box with a thin black border, intended for the student to draw a picture about Christmas.