



NOTES FROM THE OFFICE

December 15, 2021

NATIVITY

Our always moving and meaningful Nativity is this evening. Our school leaders, the Class of 2022 will present a living version of the story of the first Christmas. Please join us for this beautiful reminder of the meaning of the Christmas season.

Interesting fact...for one of our students this is a repeat performance - she first appeared as Baby Jesus in 2009!

ADVENT

Our final **Advent Service** of the year, focusing on Mary's open heart, will be next Monday morning at 8:05. Grade 4 will participate from the chapel. The students have done a wonderful job leading us in these prayerful experiences this Advent. Thank you, Mrs. Goulet, Mrs. Petrie, Ms. King, and Mrs. Diver, for preparing the students, and Mrs. Vergakes for her technical assistance.

Fr. John has come to school to hear confessions, and we are very grateful our students have had this opportunity.

COVID

We have had NO POSITIVE CASES among our students and staff this week, and our Test and Stay program has quieted down.

Testing is done only with prior parental permission, with parents signing up on the CIC link (see below).

- If your child is tested, you receive an email indicating that the test was completed, and the result.
 - Initially, we called parents/guardians prior to the testing, but that step is not required, and took sensitive time while students waited for testing.
- If the test result is negative, the student may remain at school.

- The student may even participate in afterschool activities at school.
- THE STUDENT IS STILL CONSIDERED A CLOSE CONTACT of a COVID—positive individual
- A mask must always be worn by close contacts (including at recess and at after-school activities) and may only be removed during snack and lunch.
- Outside school, close contacts must quarantine at home.

Students must be signed up in advance for Test and Stay. If your child is a close contact, and is not signed up, no testing can be done.

If you have not signed up, but want to do so, the link is

<https://covid.cic-health.com/s/addSchoolMember?RRAccount=0014R00003BZrDR>

REPORT CARDS

Report Cards were posted, and Honor Roll was announced Monday, following our Advent Service. The students were being treated to an Honor Roll breakfast this week, where they shared some of the strategies, they used to be successful. Their ideas could assist all our students in their education!

HIGH HONORS

A student must have an overall average of 97 or above, with all grades above 90. Attendance, conduct, and effort criteria must also be met.

GRADE 5

Alexander Palomar-Nelson

GRADE 6

Riley Kestenbaum

Victoria Manni

Kiera O'Malley

GRADE 8

Cody Boghdan

Olivia Evans

Mary Kudarauskas

HONORS

A student must have an overall average of 90 and above, with all grades above 80. Attendance, conduct, and effort criteria must also be met.

GRADE 5

Max Boghdan
Aidan Brennan
Felicity Cochran
Ella Corcoran

Kaitlyn Cronin
Thomas Fagan
Parker Hietsch

GRADE 6

Andrew Blake
Jacob Campbell
Kaitlin Chun
Alissa Cook
Matheus Dell'orto
Liam Dunton
Peter Giannakoulis
Amelia Kostecki

Anderson Lauf
Alden Libby
Isabella Loffredo
Donnchadh Meehan
Jacob Moriarty
James Mullen
Cameron Thacher
Gustavo Veloso

GRADE 7

Kaylee Baril
Mark Kudarauskas
Addison LaCava

Brody Murphy
Hannah Phenix

GRADE 8

Darya Cheglakova
Saoirse Diver
Michaela Enright
Elyse Giannakoulis
Quincy Hietsch

Marlo Jumper
Leah McManus
Michaela Renzi
Ava Lauren Todd



December 15, 2021

CHRISTMAS RECESS

Wednesday, December 22nd - Students will be dismissed at 11:30am. The Extended Day Program will **NOT** be available on this day. There will be no interruption in bus service. Buses will depart the school at 11:30.

CHRISTMAS RECESS

School will **NOT** be in session beginning Thursday, December 23rd - Friday, December 31st. Classes will resume on Monday, January 3rd.



Christmas Nativity 2021

Grades 8 Students

Wednesday, December 15, 2020 – 5:00pm
St. Pius X School
outside the main school doors

Please join us as the Grade 8 students continue an annual tradition in a unique way!
Join us for a Living Christmas Nativity! This is a time to celebrate together-
while remaining socially distant.

The event is in two parts.

Part 1 is at 5:00 pm. Students will narrate and enact the Christmas story at the front of the school building. Parking spaces in the school driveway and upper lot (staff lot) are reserved for Gr. 8 families for this first part, so they may enjoy the event from their cars. Families may also bring chairs and sit outside but must remain socially distant.

Part II begins at 5:30. We will clear the driveway, and students will present the Nativity as a Living Tableau, for all to see as they drive by. Cars will enter the property by Wood Road, driving in front of the school as Christmas music plays, and departing by Barbara Street.

WE DID IT!!! We PASSED our goal and set a NEW RECORD!!!

We are THRILLED to announce that the total raised with our Christmas Raffle Calendar FUNDraiser is OVER \$56,000 to date (& counting)! YES, you read that correctly. 😊 It was a RECORD-BREAKING year!

THANK YOU to Christie Reinhart for her tremendous efforts for this fundraiser. She counted and tallied and brainstormed and banked her way through every day of the last month! She made things run so SMOOTHLY - with incredible volume!

THANK YOU to Ann-Marie Shaw for helping field phone calls, fulfill extra paper requests, keeping track of a million envelopes, and MORE! THANK YOU to Mary Rose for helping with leaderboard updates to keep the excitement up each week! THANK YOU to Kristen Chun for setting up the commercial selling time slots!

THANK YOU, THANK YOU to every single family who purchased/sold online, shared our link/posts, and sold paper calendars. Your support is GREATLY appreciated.

CONGRATULATIONS to the 3 top-selling families, collectively raising nearly \$10,000:

1st Place: Kounadis (418)

2nd Place: Assad (349)

3rd Place: Pike (209)

Mrs. Ryder's Kindergarten class was the top-selling class! They've won an extra recess, a night off from homework, and \$250 for their homeroom teacher.

In totality, the **BIG WINNER is SPXS!** This money will allow the FRIENDS of SPXS to continue to support enrichment, field trips, classroom equipment, health and safety materials, teacher appreciation, and MORE! \$25k will be given to the school right away.

We can continue to raise money with additional ticket sales through 12/31/21. These make GREAT stocking stuffers. The daily drawings will be in January.

<https://spxschool.ejoinme.org/MyPages/ChristmasCalendars2020/tabid/1183816/Default.aspx>

THANK YOU, again, for proving that SPXS is "small but mighty!" TOGETHER we accomplish incredible things.

Merry Christmas, everyone!

CHRISTMAS RAFFLE CALENDAR SALES HALL OF FAME!

THANK YOU to the Sales LEADERS

1st Place: Kounadis (418)

2nd Place: Assad (349)

3rd Place: Pike (210)

100 Calendars (or more)

Boghdan	Chun	Clarke	Cochran	Maker
Medeiros	Mullen			

50 Calendars (or more)

Brennan	Carrick	McNamara	Monac	Olson
Puzio	Reinhart			

40 Calendars (or more)

Band	Cronin	Cummings	DaCosta	DeMasi
Foran	Kuharenka	Leskel	Loffredo	Patterson
Powell	Sullivan, N	Ward	Zontini	

30 calendars (or more):

Arden	Baril	Bridgeman	Calhoun	Campbell, E&N
Campbell, J	Carr	Diver	Fish	Flonta
Gilmore	Haroutunian	Jumper	LaCava	McHugh
Murphy	O'Malley	Phenix	Stetkis	Thacher
Theohardis	Trani	Weller		

20 calendars (or more):

Agostini	Alioshka	Angelov	Barker	Bassil
Bassil	Beecy	Berner	Berry	Blake
Carroll	Cheglakova	Cheung	Cook	Corcoran
DaSilva	Dell'Orto	Deppner	Drowne	Duffy
Dunton	Enright	Evans	Fagan	Falkowski
Forde	Fox	George	Giannakoulis	Gibbons
Goulet	Guerrero	Hietsch	Hurley	Hyde
Kelly	Kilty	Krauklis	Kudarauskas	Leggett
Libby	Manni	Marinho	Martin	Matos Lorenzo
McCarthy	McManus	McPherson	Mello	Moriarty
Nelson	Netto, E	Netto, I	Nikolov	Ntumba
O'Neil	O'Sullivan	Palomar-Nelson	Proev	Rego
Renzi	Robichaud	Robinson	Roncelli	Rose, N
Ryder	Sajin	Santos	Scola	Scott
Shtukin	Skordas, S	Sprague	Sullivan, I	Theriatult
Todd	Turner	Veloso	Wells	Westphal
Wyluda				



CHRISTMAS DRESS DOWN DAY

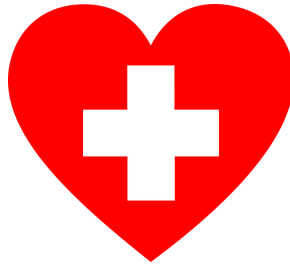
Friday, December 17th

On Friday, Christmas celebrations will be held in each classroom. Students may come to school wearing their favorite Christmas clothing and accessories.

Wear your **red** and **green**!

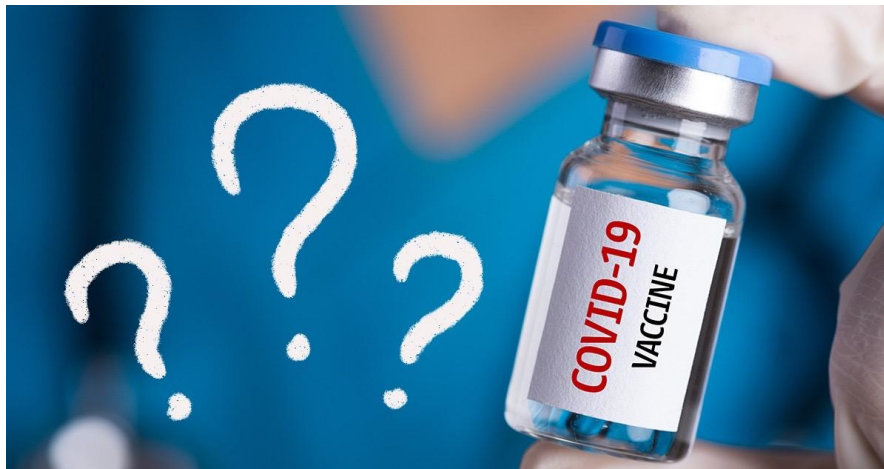
*Merry
Christmas*

Appropriate jeans are acceptable but shorts may not be worn!



FROM NURSE ANNIE

WHAT WE KNOW ABOUT THE COVID-19 VACCINE



COVID-19 vaccines were developed safely

The first COVID-19 vaccines began rolling out less than a year into the pandemic. Vaccine development typically takes much longer, so it's easy to wonder how we got these vaccines so soon. But the COVID-19 vaccines have been held to the same safety standards as any other vaccine — and rigorous clinical trials have proven that they're safe and effective.

Data proves COVID-19 vaccines are safe and effective

No vaccine is 100% effective — and they don't need to be 100% effective to save lives. The Pfizer vaccine has been shown to be 90.9% effective in preventing infection in kids age 5 to 11. The data also shows that the vaccine reduces the risk of symptomatic COVID-19 in children if they do become infected.

To help put these numbers in perspective, seasonal flu vaccines are only 40% to 60% effective — but flu vaccinations prevented an estimated 7.52 million illnesses, 105,000 hospitalizations, and 6,300 deaths during the 2019–2020 flu season alone.^{4,5} All 3 of the COVID-19 vaccines have even higher efficacy rates — so imagine how many illnesses, hospitalizations, and deaths they'll prevent.

COVID-19 vaccine side effects are usually minor and manageable

Like most vaccines, the ones for COVID-19 can produce side effects. These side effects are normal signs that the body is building immunity, and may include:

- Pain at the injection site
- Fatigue
- Headache
- Muscle pain
- Chills
- Joint pain
- Fever

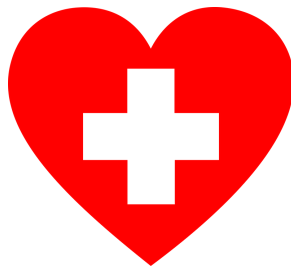
Although extremely rare, allergic reactions can occur. If you have a history of severe allergic reactions or carry an epinephrine injector (such as an EpiPen), please talk to your doctor before getting a vaccination.⁶

You can't get COVID-19 from the vaccine

Vaccination triggers a natural response where the body generates its own protection against a virus. COVID-19 vaccines don't introduce the virus into the body at all. Instead, they teach your body how to recognize the coronavirus and create antibodies to fight it. Since no trace of the coronavirus was used to create the COVID-19 vaccines, it's impossible for them to make you sick with COVID-19.

For more information:

<https://healthy.kaiserpermanente.org/health-wellness/coronavirus-information/vaccine-learn>



FROM NURSE ANNIE



HEALTHY OVER THE HOLIDAYS

1. *Bring healthier snacks.* Try a recipe that incorporates *fruits and vegetables* or bring a fruit salad.
2. *Incorporate healthier substitutes.* Find ways to swap out ingredients in holiday recipes for *healthier alternatives* to lower the amounts of unhealthy fats, added sugar and calories children consume.
3. *Make healthy drinks easy to grab.* Make *water* easy to grab for children. To make the healthier options a little more appealing to kids, make some fun ice cubes out of 100 percent fruit juice or offer seltzer water.

4. **Don't bring ravenous children.** Avoid taking children to a holiday party on an empty stomach as it can lead to overeating on empty calories. Aim to keep kids on a **regular schedule** with three meals a day and healthy snacks.
5. **Involve kids in the preparation.** Parents can **involve children** in the holiday food preparation as early as their toddler years.
6. **Be a healthy role model.** Show your children that you **eat a variety of foods** and monitor your own portion sizes at holiday celebrations. If you eat healthy foods regularly, your child is more likely to eat healthy foods too.
7. **Shift the festivities' focus.** Make the holiday festivities more about **enjoying family, traditions and activities**, rather than the food.
8. **Remember to exercise.** **Exercise** is still important during the holiday season. Aim for an hour a day, every day. Informal play is a form of exercise!
9. **Keep sleep schedules consistent.** With all the holiday excitement, it can be difficult for children to unwind from the festivities and get a good night's rest. Parents/guardians can help by sticking to their child's **regular bedtime schedule** as often as possible.
10. **Allow treats in moderation.** The holiday season is synonymous with an increase in treat foods. While a **small amount** of these treats are fine, going way overboard can become problematic.
11. **Reinforce regular hand washing.** To help keep children from spreading germs or contracting an illness at holiday celebrations, children should regularly **wash their hands**. Teach kids to wash their hands for 30 seconds or sing happy birthday twice while washing and then dry with a clean towel.



**St. John
Paul II School**

*JPII Performing Arts
Proudly Presents*

A Concert for

Advent and Christmas

*Featuring St. John Paul II School
Concert Choir and Chamber Choir,
accompanied by professional festival orchestra.*

FRIDAY, DECEMBER 17

7:00 P.M.

JPII AUDITORIUM

***Thank You for Supporting Catholic
education on Cape Cod.***

MASKS REQUIRED



Help Support Brownie Scout Troop 67909

by purchasing a box of world famous **Girl Scout Cookies!**

How many boxes would you like?

- _____Thin Mints—A Fan Favorite!
- _____Caramel deLites—Crispy fudge stripe cookie w/ caramel & toasted coconut
- _____Lemonades—Savory shortbread cookies with tangy lemon icing
- _____Gluten Free Caramel Chocolate Chip
- _____Adventurefuls—NEW Brownie cookie w/caramel crème & a hint of sea salt
- _____Shortbread—Traditional favorites
- _____Peanut Butter Patties—Cookie layered w/peanut butter, dipped in fudge
- _____Peanut Butter Sandwiches—Oatmeal cookie w/ creamy peanut butter filling
- _____Toast-yay!-French toast inspired cookie dipped in delicious icing

Girl Scout Cookies are \$5 a box

Print and fill out this form & send it by **Friday 12/17**
to get cookies for Christmas!-- School Delivery will be Wed. 12/22

Name: _____
of boxes _____
\$\$\$ Amount Enclosed _____

We accept Cash or Check to Troop 67909
Thank you!