

NOTES FROM THE OFFICE

December 11, 2019

Calendars!

We sold **4462** calendars, and because of this amazing success, Mrs. Dailey will participate in a game of *Pie Face*! It's coming during Catholic Schools Week!

Many thanks to **Heather Aboody** for her amazing organization, attention to detail, and the tremendous effort she put into this drive! Many thanks to Kelly Kavanaugh for setting up over 100 venues for selling!

Our top-ten selling families were:

1. Mello	155 calendars
2. Pazakis	146
3. Boghdan	140
4. Dunn	138
5. Chun	130
6. Reusing	114
7. Monac	101
8. Slowek	82
9. Zontini	80
10. Williams	75

I want to note that our top-seller, **Rayanna Mello**, generously used some of her winnings and purchased toys for the Yarmouth Police Dept.'s Toys-for-Tots Drive!

I'm not certain if you saw the front page of the Cape Cod Times on Sunday, but our students in **Mrs. Petrie's Gr. 3** class were recognized in an article by Saralee Persi. The students wrote to Kathleen Bretz, a woman from Kentucky, who recently lost her husband and daughter. She loves Cape Cod, but thinking she'll not be here again, requested letters or pictures that would remind her of a beloved spot. The letters the third grade students wrote are currently hanging on the wall in Kathleen's home!

Report Cards were issued last week, and I am very happy with the efforts represented by both students' grades and teacher comments. Our goal is that each student does his/her best, experiences the joy of learning, and grows academically each year. Hopefully, students' efforts result in good grades. We are, however, noticing a growing number of children for whom the focus is entirely on the grades, causing anxiety when grades are less than perfect. In the instances I have dealt with, grades have been in the high 80s or 90s, but are causing distress. Some students seem to feel if they do not get 100 or make honor roll, they have failed. I am concerned about the internal pressure these children are putting on themselves. We keep reminding them that their job is to "do the best", not "be the best". Learning to try hard and do your best- those are skills that will impact every part of their lives as they grow!

S.O.S!! Assistance with lunch duty is much needed and would be well appreciated. Please give us a hand-it's especially necessary between now and Christmas!

Service Opportunity-The *Harvard Club of Cape Cod* is organizing a **Wreaths Across America Day** for Dec. 14th. Students and family members- this is a wonderful opportunity for a family service experience!



Christmas Pageant

Grades 5-8 and Chorus Members

Tuesday, December 17, 2019 – 6:30pm
St. Pius X Church

The students are lifting their voices in song as they eagerly anticipate their Christmas Pageant.

**Grades 5 - 7 and
Chorus Members:**

St. Pius X School Traditional Dress Uniform

Grade 8:

Holiday Attire for the Narrators. All other grade 8 students should wear their SPXS gym shirt and gym shorts. (The students will be wearing the gym shirt and shorts under their Biblical attire for the Nativity Scene.)

All grade 5 – 8 students participate in the Christmas Pageant. All voices are needed!

Grade 8 students need to arrive at the Church by 6:00pm.

Grade 5 – 7 students and Chorus Members need to arrive at 6:00pm.

We ask that the parents bring their children into the Church and then remain to enjoy the Nativity. After the Nativity, please proceed to the front of the church to dismiss your child.



December 11, 2019

CHRISTMAS PARTIES

The school's Christmas Parties will be held Friday, December 13th. All students in PreK - Grade 8 will be attending one of the two parties. Students should wear their gym uniform and may add some **green** and **red** to celebrate.

EARLY DISMISSAL

Friday, December 20th - Students will be dismissed at 11:30am. The Extended Day Program will **NOT** be available on Friday, December 20th. There will be no interruption in bus service. Buses will depart the school at 11:30.

CHRISTMAS RECESS

School will **NOT** be in session beginning Monday, December 23rd - Friday, January 3rd. Classes will resume on Monday, January 6th.

CAFETERIA CHARGES

Please make sure that all lunch charges are paid in full before Christmas vacation.

HONOR ROLL - DECEMBER 2019

HIGH HONORS

*A student must have an overall average of 97 or above, with all grades above 90.
Attendance, conduct, and effort criteria must also be met.*

GRADE 6

CODY BOGH DAN

OLIVIA EVANS

MARY KUDARAUSKAS

HONORS

*A student must have an overall average of 90 and above, with all grades above 80.
Attendance, conduct, and effort criteria must also be met.*

GRADE 5

OLIVIA ARDEN

ADDISON LACAVA

KAYLEE BARIL

BRODY MURPHY

VICTORIA COHOLAN

HANNAH PHENIX

MARK KUDARAUSKAS

GRACE WALKER

SARAH ZONTINI

GRADE 6

NATHALIA BASSIL

LEAH McMANUS

DARYA CHEGLAKOVA

MICHAELA RENZI

SAOIRSE DIVER

NICOLAS SULLIVAN

MICHAELA ENRIGHT

LIANNA THERIAULT

ELYSE GIANNAKOULIS

AVA LAUREN TODD

MARLO JUMPER

MORGAN WILLIS

SOPHIA ZONTINI

GRADE 7

NATALIE AHERN

VICTORIA IMAD

ANNA CORSI

TARA KILTY

JULIA DUNTON

KATELYN LAWSON

ANNIKA GUSTAFSON

EFFIE MARTIN

ALEXANDRA IMAD

ASHLEY MOLINARI

BIANCA IMAD

COLEMAN MONAC

NICHOLAS WILLIAMS

GRADE 8

MICHAEL DEAN

ISABELLA KOSTECKI

ROSANNA SULLIVAN

S U C C E S S !!!!

We are THRILLED to report that we EXCEEDED our calendar sales' goal of 4,200 calendars (\$42,000), as of the contest deadline on 12/5. Returns are still coming in (allowed until 1/3/20) and we anticipate hitting the \$50k mark! This is a fantastic new RECORD and it is due to many dedicated families/enthusiastic students. We are very proud of our "small but mighty" school!

The biggest winners in this not-so-little contest are the SPXS KIDS, who will benefit from the enriching experiences, equipment, and events we can offer as a result of this FUNdraising.

CONGRATULATIONS and a huge THANK YOU to our top twelve families:

1. Mello
2. Pazakis
3. Boghdan
4. Dunn
5. Chun
6. Reusing
7. Monac
8. Slowek
9. Zontini
10. Williams
11. Joseph and Silva TIED

Grade 3P was the top-selling class so they win a pizza party, extra recess with the GaGa pit, a night off from homework, and an Amazon gift card for Mrs. Petrie.

THANK YOU to Heather Aboody-Williams. She counted ALL of these calendars and managed more things than we can even comprehend. She is a ROCK STAR!

THANK YOU to Kelly Kavanaugh for reserving over 100 commercial selling locations/time slots. Her efforts clearly resulted in this year's high sales!

THANK YOU to everyone who sold, bought, donated, let us sell at your stores, and cheered us on these last ten weeks! We wish you all a blessed Christmas.

Merry Christmas,

Lori Boghdan, on behalf of the Friends of SPXS

From the nurse

tips for a healthy balanced diet for kids



- **Be a role model for your child.** Eating any fruit, vegetable, protein or dairy product you want your child to eat. Watching parents eat healthy meals instills healthy eating habits from an early age.
- **Involve children in meal planning.** As children grow up, encourage them to take part in the preparation and cooking of meals.
- **Allow children to express their hunger and fullness.** Avoid requiring your child clean their plates. Doing so can cause them to ignore their body's signals about hunger and fullness. This can lead to overeating. Discuss what it feels like to be hungry and talk about how it feels to be full.
- **Choose healthy snacks.** A snack is a **smaller** portion with one or two food groups that would fit in one or both hands. Make sure kids are snacking only when hungry, and choose healthy options like fruits, vegetables, fat-free popcorn, string cheese or low-fat yogurt.

Food	# of Servings Each Day	1-3 Years	4-5 Years	6-12 Years	12 Years +
Grains (bread, cereal, pasta)	5 or less	1/2 slice or 1/4 cup	1/2 slice or 1/2 cup	1 slice or 1/2 cup	1 slice or 1/2 cup
Vegetables	3-5	1/4 cup	1/3 cup	1/2 cup	1/2 cup
Fruits	2-4	1/4 cup	1/3 cup	1/2 cup	1/2 cup
Dairy (milk products)	2-3	1/2 cup	3/4 cup	1 cup	1 cup
Protein	2-3	1 oz. or 1/4 cup	1 1/2 ozs. or 1/3 cup	2 ozs. or 1/2 cup	2-3 ozs. or 1/2 cup

Here's a great resource:

<https://www.choosemyplate.gov/how-much-does-my-preschooler-need>

Thank You!



Dear Chorus Members,
Congratulations! I am so very proud of all of you for the fantastic job you did at today's Christmas Concert. Your dedication and hard work certainly paid off. I am also proud of all of our magnificent soloists: Maria, Mary, Annika, Kiera, Lilly, Ivet, Ashley, Amelia, and Victoria—well done!

Chorus will begin again in the New Year!
I look forward to hearing you all again!

LOWER SCHOOL DRAMA NEWS

Dear Beauty and the Beast Cast,
There will be NO rehearsal on Monday,
December 16th to allow for you to spend time
with your family during this blessed season!

I will see you after school on Monday, January
6th to rehearse Human Again.

Please make sure you are listening to your cast
CD's and memorizing your songs and lines.
They need to be memorized when you return!

Ms. Perrault





Enter to WIN - Holiday Lottery Tree

Over \$150 in scratch tickets on the tree!

Proceeds to benefit the SPXS 8th Grade Trip to NYC

1 for \$5

3 for \$10

10 for \$20

Thank you for your support!

Drawing to be held December 20, 2019 at 11:00am

Name: _____

Phone Number: _____

Amount enclosed: _____

Number of chances: (please circle)

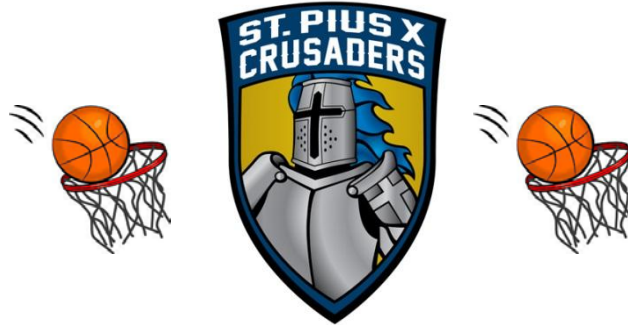
1 for \$5

3 for \$10

10 for \$20

Please return above form and payment to SPXS by Friday, December 20, 2019 at 9:00 am.

Saturday Winter Basketball SPXS CRUSADERS



SPXS Lower School Basketball Program KINDERGARTEN THROUGH GRADE 3

When: Saturdays 1/11, 1/18, 2/1, 2/8, 2/29

Time: K and 1st GRADE GIRLS and BOYS: 9am – 10 am (**1/11 8:30-9:30)
2nd and 3rd GRADE GIRLS and BOYS: 10 am – 11am (**1/11 9:30-10:30)

Location: SPXS Gym. Students to be dropped and picked up inside gym.

Cost: \$55.00

SPXS Crusader Tee included in fee

Dress: Non-marking gym sneakers, t-shirt, and shorts. Please bring a water bottle.

**Players will be learning and improving on all basketball skills -
dribbling, shooting, and passing.
Players will be taught about defense, offense, and rebounding basics.**

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Please return bottom of form with cash or check payable to: *Friends of SPXS*
to the office by December 12th.

LOWER SCHOOL BASKETBALL PROGRAM

Name: _____ Grade: _____





***St. Pius X Parish
Christmas Pageant
December 24, 2019
6:00 PM Family Mass***

Students in grades 2 through 6 are invited to be part of the annual Christmas Pageant on Christmas Eve. The Pageant will take place at the end of Mass. In order to be prepared for this you must be able to attend BOTH rehearsals. There are no lines to memorize.

The rehearsals will take place on Wednesday, December 11th and Wednesday, December 18th at 6:00 in the Church.

Please return the bottom portion of this notice or email Mrs. Journet at stpiusxreled@comcast.net if you wish to participate.

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***I would like to participate in the Christmas Pageant***

***Name: \_\_\_\_\_ Phone# \_\_\_\_\_***

# ENTENMANN'S® LITTLE BITES® POUCH RECYCLING PROGRAM

## ACCEPTED WASTE

Entenmann's Little Bites plastic pouches



Entenmann's Little Bites Snackin' Bites plastic pouches

See the picture above for what you can send in through this program. Save your Entenmann's Little Bites pouches and send them in to [St.Pius X School](#).

### Entenmann's Little Bites Pouch Recycling Program accepted waste:

1. Entenmann's Little Bites plastic pouches
2. Entenmann's Little Bites Snackin' Bites plastic pouches

(Please, remove as much of the remaining product as possible before submitting.)

