NOTES FROM THE OFFICE

December 9, 2020

Lots here- our usual December news, COVID information, and other updates!

December has arrived and we continue annual SPXS traditions, most with a 2020 twist!

- Advent Prayer Services each Monday- streamed to the classes.
- Gr. 8- Nativity on Dec. 15th at 5:00- live and outside!
- The **PreK Pageant** Dec. 17th in the class, will be videotaped and posted on Seesaw for PreK families.
- School Mass for Immaculate Conception, Dec. 8th- livestreamed yesterday from St. Pius X Church.
- School Mass prior to vacation, Dec. 21st- livestreamed from our school chapel.
- No traditional **Christmas Show** this year, but Ms. Joy is planning a musical Christmas card!
- **Report Cards** will be posted as usual this Friday, and **MAP test** results from the first cycle will be sent home.

Christmas Card Calendars - This has been a most unusual and challenging year in terms of financial needs for all schools, while decreased funding has accompanied this need. At SPXS, we have:

- required additional staff
- made many changes within the building
- purchased equipment and additional supplies like PPEs.

I am happy to report that a large number of you have already reached your goal of selling 20 calendars or gone beyond! I applaud your efforts. You can reach your family's goal of 20, while remaining socially distant as calendars can now be purchased online!

Please note how important full participation is. We are now planning for 2021-2022, including tuition, and want to keep rates affordable for all families while also providing raises to our teachers. They have gone above and beyond this year and did not receive raises for these efforts!!!

COVID News

As more and more students sporadically quarantine, it's important that everyone remembers that if you are learning remotely, you are still in school. Appropriate school behaviors are expected. These include keeping your camera on, sitting at an appropriate workplace, and dressing appropriately- no pjs!

Any optional family travel outside Massachusetts, especially short-term travel, is discouraged at this time. Please note, teachers will not accommodate requests for student work for optional family trips. Work may be completed upon return.

Guidelines, especially related to required quarantining, continue to change. If you have questions, the newest guidelines from the Department of Public Health are below. Guidelines are ongoingly reviewed, updated and re-adjusted!

How long must you quarantine?

The possible incubation period for COVID-19 is still 14 days although the majority of cases have incubation periods of fewer than 10 days¹. You will need to remain quarantined consistent with one of the quarantine options below:

7 Days of Strict Quarantine Release on Day 8 if:

- A test (either PCR or antigen) taken on Day 5 or later is negative; AND
- The individual has not experienced any symptoms up to that point; AND

The individual conducts active monitoring through Day 14, individual must actively monitor symptoms and take temperature once daily. IF even mild symptoms develop or the individual has a temperature of 100.0 F, they must immediately self-isolate, contact the public health authority overseeing their quarantine and get tested.

Release on Day 11 if:

- The individual has not experienced any symptoms up to that point; AND
- The individual conducts active monitoring through Day 14.

No test is necessary under this option. Individual must actively monitor symptoms and take temperature once daily. IF even mild symptoms develop or the individual has a temperature of 100.0 F, they must immediately self-isolate, contact the public health authority overseeing their quarantine and get tested.

Release on Day 15 if:

- The individual has experienced ANY symptoms during the quarantine period EVEN if they have a negative COVID-19 test; OR
- The individual indicates they are unwilling or unable to conduct active monitoring. No additional active monitoring required. Maximal risk reduction

While you are in quarantine you should follow these instructions

- 1. Do not leave your home except for urgent medical care. If you must leave your home for urgent medical care, wear a mask, such as a cloth mask, or a surgical mask if one is available. Call the healthcare provider before you go and tell them that you are quarantined due to COVID-19 exposure. For the protection of others, you should **not take public transportation, ride shares (e.g. Uber or Lyft), or taxis to get to your healthcare provider.**
- 2. Wear a mask, such as a cloth mask, or a surgical mask if one is available, if you must be in contact with other people. Maintain a distance of six feet from others; when this is not possible, limit your time being closer to people to five minutes or less.
- 3. Do not have any visitors in your home.
- 4. Maintain six feet of distance from other people in your home. If absolutely necessary, have one person help you and do not have contact with other people in your home. Wear a mask, such as a cloth mask, or a surgical mask if one is available, when in the same room as that person. In addition, try to maintain a distance of six feet from others; when this is not possible, limit your time being closer to people to five minutes or less.
- 5. If at all possible, use a separate bedroom and bathroom. Do not share towels or bed sheets/blankets with other people in your home. If you have to use a bathroom that other people use, make sure to wipe down all touched surfaces with a disinfectant after every use.
- 6. Do not share eating or drinking utensils. Wash utensils normally in a dishwasher or by hand with warm water and soap.
- 7. Cover your mouth and nose with a tissue when coughing or sneezing and throw tissues away in a lined waste container. Then wash your hands.
- 8. Wash your hands frequently using soap and water for at least 20 seconds each time you wash. If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.

If anyone you came into contact with has any of the symptoms below, they should go get tested and then stay home while they wait for results. If they need to seek medical care, they should call their healthcare provider before they go and tell them that they may have been exposed to COVID-19.

Anyone you have to come in contact with (including anyone in your home) should remain aware of their health and watch themselves for:

- a fever (temperature over 100.0 degrees). They should take their temperature in the morning and at night.
- other symptoms such as a cough, difficulty breathing, shortness of breath, chills, muscle or body aches, fatigue, sore throat, headache, congestion or runny nose, new onset loss of taste or smell, nausea or vomiting, or diarrhea.

Wear a mask, such as a cloth mask, or a surgical mask if one is available. They should be careful to only touch the parts of the mask that go around the ears or behind the head. Do not touch the front of the mask. They should wash their hands immediately after taking the mask off. In addition, they should try to maintain a distance of six feet from you; when this is not possible, limit their time being closer to you to five minutes or less. Wear disposable gloves if they have to have direct contact with your body fluids (saliva/spit, mucous, urine, feces, vomit) or handle your dirty laundry. Remove the gloves carefully without touching the outside of the gloves, throw the gloves away, and wash their hands with soap and water or an alcohol-based hand rub.

Anyone you have to come in contact with (including anyone in your home) should:

Wash their hands with soap and water for at least 20 seconds often. If soap and water are not available, they should use an alcohol-based hand sanitizer that contains at least 60% alcohol.

Other advice to keep your germs from spreading

- 1. Your disposable gloves, tissues, masks and other trash should be put in a bag, tied closed, and put with other household trash.
- 2. Your laundry may be done in a standard washing machine using warm water and detergent. Bleach may be used but is not needed. Do not shake out the dirty laundry.
- 3. Surfaces in the home that you touch or that become dirty with your body fluids (saliva/spit, mucous, urine, feces, vomit) should be cleaned and disinfected with a household disinfectant according to the label directions. Wear gloves while cleaning.
- 4. Your bathroom should be cleaned every day using a household disinfectant according to the directions on the label. Wear gloves while cleaning.



Christmas Nativity 2020 Grades 8 Students

Tuesday, December 15, 2020 – 5:00pm St. Pius X School outside the main school door

Please join us the Grade 8 students continue an annual tradition in a unique way! Join us for a Living Christmas Nativity! This is a time to celebrate together- while remining socially distant.

The event is in two parts.

Part 1 is at 5:00 pm. Students will narrate and enact the Christmas story at the front of the school building. Parking spaces in the school driveway and upper lot (staff lot) are reserved for Gr. 8 families for this first part, so they may enjoy the event from their cars.

Part II begins at 5:30. We will clear the driveway, and students will present the Nativity as a Living Tableau, for all to see as they drive by. We will clear the driveway, and cars will enter the property by Wood Road, driving in front of the school as Christmas music plays, and departing by Barbara Street.



December 9, 2020

CHRISTMAS RAFFLE CALENDARS

Please return your calendar stubs and money from the sales of your calendars to the school office by **Thursday, December 10th**. If you are still selling your calendars, please mail the stubs and checks to the school during the Christmas vacation.



The Christmas Gift Giving Program gift request tags were sent home last week and more will be sent home this week. All gifts must be returned to the school office by **Friday**, **December 11th**. Please place the gift in a gift bag (**please do not wrap the gift**) and place the label on the outside of the gift bag. If you have any questions, please call the school office.

MIDDLE SCHOOL BASKETBALL -MESSAGE FROM MR. CORSI

Every year we look forward to the exciting SPXS Middle school basketball and cheerleading season. After careful consideration for the health and well being of our students, coaches, teachers, and the entire SPXS community, we have decided to cancel the Middle School basketball and cheerleading seasons. We will be offering a six week basketball skills clinic on Saturdays starting in January 2021! The clinic will be offered to students in Grades 2-8. In order to adhere to the COVID guidelines, only 12 students can participate per session.

Enjoy the Christmas season, Mr. Corsi, SPXS Middle School Athletic Director

CHRISTMAS RECESS

School will <u>NOT</u> be in session beginning Wednesday, December 23rd - Friday, January 1st. Classes will resume on Monday, January 4th.

CHRISTMAS RAFFLE CALENDAR FUNDRAISER UPDATE!

We have **ONE DAY** left and would like to sell 1,000 more raffle tickets! PLEASE help us cross this important finish line. Please share this link for online purchases and turn in your paper calendars (if you have them). The contest ends tomorrow at 9AM.

https://spxschool.ejoinme.org/MyPages/ChristmasCalendars2020/tabid/1183816/Default.aspx

TOP SELLING FAMILES (in order of sales totals as of 12/8):

- 1. Pike
- 2. Pazakis
- 3. Cronin
- 4. Jumper
- 5. Zontini

THANK YOU to the families who sold **OVER** 20 calendars (in alphabetical order):*

Ahern	Band	Baril	Bassil, R.	Berry
Blake	Boghdan	Brennan	Calhoun	Carrick
Cook	Fagan	Fish	Flonta	Foran
Giannakoulis	Gustafson	Jumper	Kuharenka	Leskel
Libby	Loffredo	Maker	Martin	McHugh
Meehan	Molinari	Moura	Mullen	Murphy
N'tumba	Oliveira	Olson	O'Malley	O'Sullivan
Phenix	Powell	Powers	Puzio	Reinhart
Renzi	Reusing	Robinson, B & B	Rose, S & H	Ryder
Skordas, N.	Skordas, S.	Thacher	Todd	Wells

THANK YOU to the families who sold 20 calendars (in alphabetical order):*

Alioshka	Baron	Beecy	Bridge	Brown
Carey	Cheglakov	Corcoran	Downs	Evans
Falkowski	Flonta	Fox	George	Ghilardi
Guerro	Hietsch	Kudarauskas	LaCava	McManus
Palomar-Nelson	Perry	Philbrick	Prebensen	Redivo
Robinson, C.	Scola	Shtukin	Sullivan, I.	
Sullivan, N.	Theriault	Ward	Wyluda	

*The above names are based on online sales and paper returns as of 12/8

The **class** that sells the highest percentage of Calendars wins an extra recess, a night off from homework, AND a **\$250 Amazon Gift Card for the teacher**! **4W is in the lead**!

Saturday Winter Basketball SPXS CRUSADERS









SPXS Saturday COED Basketball Program GRADE 2-3 GRADE 4-6 GRADE 7-8

- <u>When</u>: Saturday, January 9th, 16th, 23rd, 30th Saturday, February 6th and 27th
- <u>Time</u>: Grade 2-3 (8-9am) Grade 4-6 (9:15-10:15am) Grade 7-8 (10:30-11:30am)

Location: SPXS Gym. Students to be dropped and picked up at the side gym door. **Cost:** \$60.00

<u>Dress</u>: Non-marking gym sneakers, t-shirt, and shorts. Come dressed ready to play. Please bring a water bottle. Water bottles must be labeled with the player's name. Players must bring a basketball to practice with their name written on the basketball.

Basketball Size Guide by Age

Boys and Girls Ages 5-8, Basketball Size 5 (27.5" circumference) Boys Ages 9-12, Basketball Size 6 (28.5" circumference) Girls Ages 9 or older, Basketball Size 6 (28.5" circumference) Boys Ages 13 or older, Basketball Size 7 (29.5" circumference)

Registration is limited to the first 12 players signed up for each separate basketball session. Any questions please contact Mr. Corsi. <u>ncorsi@spxschool.org</u> (508)398-6112, x307

SPXS SATURDAY MORNING BASKETBALL - COVID Safety Guidelines

Players should enter/exit the gymnasium, using the side gym door, located on the far left side of the building. Parents should drive around the building, pulling up to the left side curb for drop-off/pickup. No parents/guardians are allowed to enter the gym. A green cone will be placed on the outside of the building indicating when players may enter the gym. Each Saturday, there will be three separate basketball practice sessions (8-9am), (9:15-10:15), (10:30-11:30). Start/end times have been staggered, to limit contact between all players as much as possible. This also allows for more time to clean the facility between users. All players attending either the 9:15 or 10:30 basketball session, must remain in their vehicles until the green cone has been placed clearly outside the side gym doors. This green cone will indicate that all the players from the previous session have left the gym. If a red cone is placed outside the gym. We appreciate prompt drop-off and pick-up procedures.

While in the gym, players and coaches must wear facial coverings. Players must come to basketball practice dressed and ready to play. Locker rooms are not available. Players needing to use bathroom facilities during practice, will use their designated bathroom assigned during regular school days.

Hand sanitizer is available for players. Players are asked to bring their own water bottles. Water bottles must have the name of the player written clearly on the outside of the bottle. Water bottles will be set at least 6ft apart, on the bleachers, when taking a water break.

Each practice session can allow up to **12 players only**. Each player must bring a basketball with them to practice. Players will be divided into two pods (6 players per pod) during the 1 hour session. **Saturday basketball** will focus on improving individual players' fundamentals skills: dribbling (ball handling), shooting, passing, jumping (rebounding). Improving upon these skills will lead to success when we get back to the games next year!

Please return bottom of form with cash or check payable to: *Friends of SPXS* to the front office by Tuesday, December 22nd.

SPXS SATURDAY BASKETBALL PROGRAM

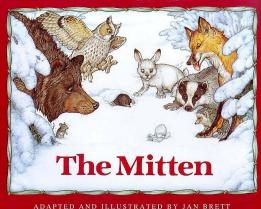
Name:___

Grade:_____



Payment must be included with the registration slip.





ALL DECEMBER LONG! GINGERBREAD LANE AT THE HARBOR OVERLOOK at the corner of South & Ocean St. Follow the Walkway-to-the-Sea through Hyannis Village Green or park for free at the Town Hall parking lot.

Mittens, a craft and a free copy of the book available at the Hyannis Public Library M-F, noon to 4 p.m. while supplies last!

This activity is free and self-guided. Registration is not required.

For information, email the Library at mbiancoeclamsnet.org

This project is supported by a grant from the MA Department of Early Education and Care

The StoryWalk™ project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with the Vermont Bicycle & Pedestrian Coalition and the Kellogg-Hubbard Library.

HYANNIS PUBLIC LIBRARY DECEMBER HOLIDAY WINDOW SCAVENGER HUNT

Can you find the ten silhouettes representing the following holidays and celebrations observed in December?

- December 01 Rosa Parks Day
- December DG St. Nicholas Day
- December 09 National Llama Day
- December 10 Hanukkah
- December 13 National Guard Birthday
- December 17 Wright Brothers' Day
- December 21 Winter Solstice
- December 25 Christmas
- December 26 Kwanzaa
- December 27 Make Cut Out Snowflake Day

