

## NOTES FROM THE OFFICE

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October 2, 2019

Recently, there's been some chatter about study/organizational skills at SPXS. It's clear from a brief discussion among faculty members during our meeting yesterday, that skills are both taught and implemented. As an educational flow from PreK- Gr. 8, teachers are aware of the kinds of study and organizational skills that need to be, and are imbedded in, the curriculum. They also know the skills students are bringing with them from previous grades. This is not true in a setting where all students are new- and unknown.

We are fortunate that from PreK on, study and organizational skills are incorporated into the curriculum, whether the skills are explicitly taught as "Study Skills" or "Organizational Skills". Because they are not always explicit, sometimes people do not realize they are taught or implemented. From PreK, where Self-Help skills are a major focus, to the organizational skills first graders learn (basics such as where to put your folder in the morning, which basket to use for homework), to a second grader learning to make and use a checklist to ensure (s)he has necessary materials, to third graders' use of a weekly syllabus, the teaching of these skills and the implementation of multiple tools permeates the teaching at SPXS.

Especially as students move on to Middle School, as skills or tools are introduced, the students need to take ownership for the follow-through. Teachers can teach/model/provide a skill or tool- but it's up to *the student* to actually use the strategy or tool. For some students learning this comes quickly, for others it's a much slower process. Individual students need to find the tools and strategies that can be implemented comfortably *for them*, that will assist them once they walk out the door in the afternoon.

In our quick brainstorming of study or organizational skills that are used across the board, this is a summary of *some* of what teachers teach, model, and provide:

### Study/Organization Skills:

- Planners
  - Model student use of planner
  - Expect student to bring planner each day- every class
  - Prompt students to take the planner out at the end of every class. Write down homework or write "none" if there isn't any
  - Prompt students to write down the materials they need to bring home to complete his homework- use list at end of day

- Check planner- with those who require assistance
  - Students in Gr. 6-8 fill in planner calendar at the beginning of the month w/school commitments (e.g. school pictures, Mass) after-school commitments and personal commitments for time management purposes.
- Syllabus for the week
- Post a list of materials students need for the morning
- Teach students which materials stay in their desks and what should go in their locker
- Teach students how to make and use flashcards
- Train students to use quizlet and other apps
- Make study guides as a class
- Review games prior to testing
- Textbooks
  - Teach students about text features
  - Review of the layout of a textbook prior to using
  - Teach use of glossary and dictionary
- Teach students to highlight where they got answers instead of guessing
- Teach students to create & use Interactive notebooks
- Utilize Guided Notes for notetaking, gathering information
- Model Notetaking, identifying key information
- Review notebooks
- Teach Outlining
- Binder organization for class
- Modeling
  - Teacher modeling of all skills
  - Student modeling, teaching another student
- Color coding system
  - Questions in red
  - Answers in green
  - Definitions in blue
- Projects/Long-term Assignments
  - Posting due dates for assignments/projects- put in planner
  - Breaking down long-term projects into segmented pieces
  - Providing Rubric
- Use writing checklist
- Directions/reminders
  - Provide directions orally
  - Post written directions in class using smartboard or whiteboard
  - Provide additional reinforcement (e.g. easels outside classrooms detailing directions)
  - Reinforce directions with students who need reminders

- Schedules
  - Post in classroom (use pictures/icons where appropriate)
  - Post in lockers (Middle School)
- Provide/review list of key study points for quiz/test
- Graphic Organizers for classwork/projects
- Color-coded folders for different subjects
- Using colored strips to segment reading sentences or paragraphs to answer questions without getting overwhelmed by whole text
- How to make a checklist to ensure you have all materials needed
- Homework Challenge (K)- due on last day of month. Teaches responsibility and time management.
- Teaching how to eliminate unnecessary information in a math problem in order to solve it.
- Teach technology skills including research, notetaking, outlining, and writing, with integration across the curriculum
- Study skills/organizational skills support sessions with Gr. 5, conducted by Guidance Counselor

Parents and Guardians sometimes need help, too, with the organization piece at home. There are numerous articles and lists online that offer suggestions. Many include recommendations like a designated time and place for homework with supplies at-hand, frequent breaks for those who need them, a master schedule for planning time for study/projects, having the student pack up everything in the evening. Each student is different, and a one-size-fits-all plan doesn't work. One child might need to tackle the most difficult homework subject first, another, an easier subject. A child might work best with a designated starting time for work- another with a defined ending time. You and they will need to try different strategies to see which work best. One additional suggestion from an eighth grader was to go to bed early enough and get enough sleep so you're not tired in the morning! A suggestion from me that links with that- keep electronic devices out of the bedroom. Many students experience FOMO, and just aren't getting enough rest!

Knowing that growth and improvement are essential to school life, we continue to see how we can improve students' academic skills, and all skills that support academics. Several staff members have attended seminars and summer training in Executive Functioning and Study Skills, specific to middle school students. These have included programs through Landmark School Outreach. In addition, Mrs. Martin is currently undertaking a class in Executive Functioning and exploring opportunities to expand the efforts of teachers in a more structured manner with students who need it. Our goal is to continuously grow to meet the needs of our students and assure their success.



October 2, 2019

### **COLUMBUS DAY**

School will **NOT** be in session on Monday, October 14<sup>th</sup> in observation of Columbus Day.

### **MASS**

Students will attend Mass on Thursday, October 15<sup>th</sup> at **9:30 am** at St. Pius X Church. **Students should wear their traditional dress uniform to school on this day.** If you have any questions, please call the school office.

### **UNIFORM REMINDER**

Please note that the last day for Summer Uniforms will be Friday, October 11<sup>th</sup>. The traditional dress code (including school sweater) will be in effect Tuesday, October 15<sup>th</sup> until Tuesday, November 26<sup>th</sup>. **A reminder that the gym pant, wind pant or sweat pant must be worn over the mesh shorts during classroom time. During Physical Education class, the gym pant, wind pant or sweat pant may be removed.**

### **UNIFORM SALE**

The Clothesline Uniform Sale scheduled for Thursday, October 3<sup>rd</sup> has been cancelled. The Clothesline is open for purchases during the school day from 7:30am - 3:00pm. Donations are always welcome.



ST. PIUS X SCHOOL  
*cordially invites you to celebrate*  
OUR LADY OF APARECIDA  
FRIDAY, OCTOBER 11, 2019  
1:00 PM - 2:00 PM



ST. PIUS X CHURCH  
98 Station Avenue  
South Yarmouth, MA

BISHOP EDGAR DA CUNHA  
*will celebrate with us!*





## **The Sport Report - September 2019**

**Boys Soccer Results:** (4-0) Defeated CCA, SFXP, Trinity Christian Academy, and Falmouth Academy

Middle Boys Soccer posted a (4-0) record for the month of September. The team will play 6 more regular season games, before the Cape Cod Super Six MS Athletic Conference soccer championship tournament October 22-24th. Nico Sullivan, Owen Enright, and Bobby Plumb have lead the offense, defense, and goalkeeping respectively.

**Girls Soccer Results:** (3-1) Defeated Trinity Christian Academy(2), and Falmouth Academy

The 17 players have put together an impressive 3-1 record over the first month of play. Lead by strong defensive play by Alexandra Imad and Victoria Imad, as well as Michaela Enright(mid-field) and Molly St. Jean in goal.

### **Crusader Cross Country**

The team of 22 determined Cross Country runners this fall, ran two races in the month of September. SPXS has participated in races at Mattacheese M.S. and Wixon School. Mary Kudarauskas and Lily Walker finished 1st/2nd in the first race and 2nd/3rd in the second race. This is the 7th official season that St. Pius X Middle School has an interscholastic Cross Country team. As one of the 7 interscholastic sports offered at SPXS, Cross Country gives all the runners a great opportunity to exercise, strengthen self-determination, and goal setting. Come cheer on the Crusaders!!

### **Crusader Soccer and Cross Country Schedule Link:**

[https://calendar.google.com/calendar/embed?src=dfrcs.org\\_vmv08ui70ukel3b9an0keb7l3s%40group.calendar.google.com&ctz=America%2FNew\\_York](https://calendar.google.com/calendar/embed?src=dfrcs.org_vmv08ui70ukel3b9an0keb7l3s%40group.calendar.google.com&ctz=America%2FNew_York)



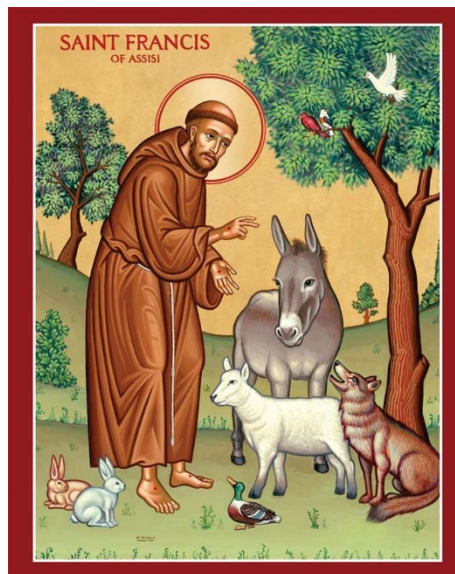
# *Blessing of the Animals*

**Our Lady of the Highway Chapel**

**South Yarmouth, MA**

**Saturday, October 5<sup>th</sup> at 10am**

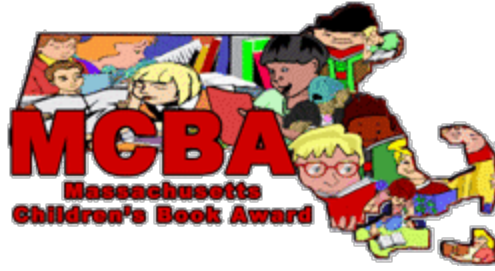
**(Weather Permitting)**



In honor of St. Francis of Assisi, who loved animals, the parish is hosting its 10<sup>th</sup> annual "Blessing of the Animals"

All are invited to bring their animals - dogs, cats, etc. for a *Special Blessing*.

Treats for dogs and cats, made by Mrs. Petrie's third graders, will be distributed at the blessing.



October 2019

Dear MCBA Readers and Parents,

Massachusetts Children's Book Award program will begin Friday October 25 from 2:30-3:15 in Mrs. Werner's Room[9]. MCBA is sponsored by Salem State University and is a widely recognized program for children in grades 4, 5, and 6. More information can be found at [massachusettschildrensbookaward.blogspot.com](http://massachusettschildrensbookaward.blogspot.com)

The book that has been chosen to kick off this year's program is The Poet's Dog by Patricia MacLachlan.

From Newbery Medal winner Patricia MacLachlan comes a poignant story about two children, a poet, and a dog and how they help one another survive loss and recapture love. Children will want to have read this book by Friday, October 25.

Refreshments will be served. Please inform me in writing of any food allergies. No nut products will be part of the refreshments.

Sincerely,  
Mrs. Werner  
MCBA Coordinator



# New Pajamas, New Underwear and New Socks Drive

To benefit **Katelynn's Closet**, a non-profit organization which distributes new and gently loved clothing to needy children on Cape Cod.

Your donation of **new pajamas, new underwear or new socks** will ensure that the youngest among us will have a warm winter's night.

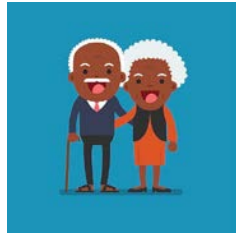
It's **scary** how easy it is to help! Just bring one pair of pajamas, underwear or socks to St. Pius X School by Thursday, October 31st!

Thank you for your generosity!



## Happy Halloween!





We are pleased to announce  
the St. Pius X School

## **Grandparent's and Grandfriend's Day**

will be held on

**Friday, November 8, 2019**

**12:00pm**

**at the St. Pius X Parish Life Center**

Please RSVP for Grandparents and Grandfriends by October 25th  
with this link:

<https://spxschool.ejoinme.org/GrandparentsDay>

This is a very special day reserved for Grandparents and Grandfriends. Any parents interested in volunteering can contact Melissa Jansen (jansen.melissa@gmail.com). We need many parent volunteers to help make this day run smoothly for all!



# ***SPXS PARENT SOCIAL***

*Thursday, October 24th*

*6:30-9 PM*

*Riverway Lobster House Restaurant*

*1338 Route 28 in South Yarmouth*

Please join us for a casual social event to kick-off the school year! Come visit with old friends and make new ones! The price is \$25 per person for a light dinner buffet. A cash bar will be available for beverages.

This adults-only event is sponsored by the Friends of SPXS. If you have questions, please call Lori Boghdan at (508) 509-2869.

**Please sign-up online with this link**

<https://spxschool.ejoinme.org/MyPages/2019ParentSocial/tabid/1000773/Default.aspx>



## A+ REWARDS PROGRAM 9/6/19 – 3/14/20

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### 2) Access your account settings

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Manage Your Account



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### 3) Select your preferred school(s) to reward

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# ST. PIUS X SCHOOL OCTOBER MENU

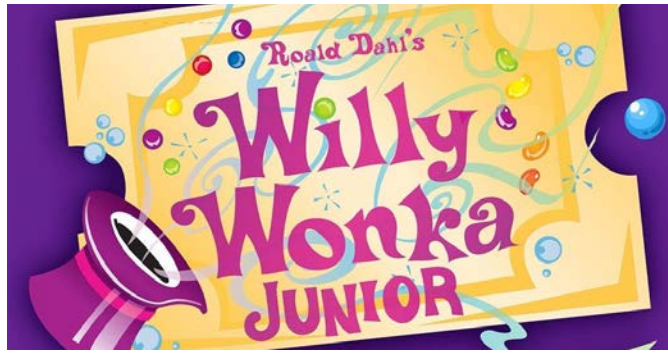
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 CHICKEN NUGGETS OR GRILLED CHEESE SANDWICH BAKED CHIPS BROCCOLI TOSSD SALAD	2 WG PASTA, PLAIN OR WITH MARINARA & MEATBALLS OR MEATBALLS CAESAR SALAD WW ROLL FRESH FRUIT	3 FRIED CHICKEN OR HOT DOGS OVEN FRIES CARROTS FRESH FRUIT	4 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT	
	7 POPCORN CHICKEN OR MOZZARELLA STICKS MASHED POTATOES CORN TOSSED SALAD FRESH FRUIT	8 CHESSE QUESADILLAS OR CHEESEBURGERS BAKED CHIPS FRESH ASPARAGUS FRESH FRUIT	9 WG PASTA, PLAIN OR WITH MARINARA & MEATBALLS OR STUFFED SHELLS CAESAR SALAD WW ROLL FRESH FRUIT	10 CHICKEN SANDWICH OR HOT DOGS OVEN FRIES CARROTS TOSSED SALAD	11 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
	14  COLUMBUS DAY  NO SCHOOL	15 CHICKEN TENDERS OR GRILLED CHEESE SANDWICH MASHED POTATOES TOSSED SALAD CORN FRESH FRUIT	16 WG PASTA, PLAIN OR WITH MARINARA & MEATBALLS OR MAC & CHEESE CAESAR SALAD WW ROLL FRESH FRUIT	17  HALF DAY  TEACHER CONFERENCES	18  HALF DAY  TEACHER CONFERENCES
	21 CHICKEN NUGGETS OR CHICKEN PARM SUBS MASHED POTATOES CORN TOSSED SALAD FRESH FRUIT	22 ORANGE CHICKEN OR CHICKEN SANDWICH RICE BROCCOLI TOSSED SALAD FRESH FRUIT	23 WG PASTA, PLAIN OR WITH MARINARA & MEATBALLS OR MEATBALLS CAESAR SALAD WW ROLL FRESH FRUIT	24 CHEESEBURGERS OR HOT DOGS OVEN FRIES BABY CARROTS FRESH FRUIT	25 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT SPECIAL DESSERT
	28 CHICKEN TENDERS OR BACON EGG & CHEESE CROISSANT HASHBROWN PATTIES CORN TOSSED SALAD FRESH FRUIT	29 MEATBALL SUBS OR CHICKEN SANDWICH BAKED CHIPS BROCCOLI TOSSED SALAD	30 WG PASTA, PLAIN OR WITH MARINARA & MEATBALLS OR LASAGNA CAESAR SALAD WW ROLL FRESH FRUIT	31 CHEESEBURGERS OR MEATLOAF W/ GRAVY MASHED POTATOES FRESH ASPARAGUS TOSSED SALAD	

## AVAILABLE DAILY

<b>ASSORTED SANDWICHES</b> TURKEY & CHEESE HAM & CHEESE SUNBUTTER & JELLY SUNBUTTER & FLUFF	<b>ASSORTED SALADS</b> CHEF SALAD WITH HAM, CHEESE AND HARD BOILED EGG OR TOSSED SALAD WITH A CHEESE STICK BOTH SERVED WITH A WW PITA BREAD	LOW FAT YORURT, FRUIT AND GRANOLA PARFAITS  FRUIT SMOOTHIES  ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILKS
KETCHUP, SALSA, FAT FREE SALAD DRESSINGS	FRESH FRUIT OFFERED WITH ALL MEALS DAILY	8oz WATER BOTTLES SOLD FOR \$.50 EACH

FULL PRICED LUNCH \$3.00	REDUCED PRICED LUNCH \$.40

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## Willy Wonka Jr Rehearsal Schedule

\*Please understand that the schedule is subject to change based on progress\*

**Monday September 23, 2019 2:30pm-4:30pm**

**Location: Music Room & Life Center**

Read through: Full Cast

**Monday September 30, 2019**

**Location: Music Room 2:30pm-3:30pm**

Music "Pure Imagination" and "Golden Age of Chocolate": Wonka, Oompa-Loompas

**Location: Life Center 3:30-4:30**

Choreography "Golden Age of Chocolate": Wonka, Oompa-Loompas

**Monday October 7, 2019**

**Location: Music Room 2:30-3:30**

Music "Candy Man": Wonka, Charlie, Matilda, James, Candy Man Kids

**Location: Life Center 3:30-4:30**

Scene 1-2: Wonka, Charlie, Grandparents, Mr. Bucket, Mrs. Bucket, Matilda, James, Candy Man Kids

**Monday October 21, 2019**

**Location: Music Room 2:30-3:30**

Choreography "Candy Man": Wonka, Charlie, Matilda, James, Candy Man Kids

**Location: Life Center 3:30-4:30**

Scene 1-4: Wonka, Charlie, Grandparents, Mr. Bucket, Mrs. Bucket, Matilda, James, Candy Man Kids

**Monday October 28, 2019**

**Location: Music Room 2:30-3:30**

Music & Choreography "I Eat More": Augustus, Mrs. Gloop, Phineous Trout

**Location: Life Center 3:30-4:30**

Scenes 5-6: Augustus, Mrs. Gloop, Phineous Trout, Wonka, Veruca, Mr. Salt

**Monday November 4, 2019**

**Location: Music Room 2:30-3:30**

Scenes Prologue-5 Music & Choreography: Wonka, Oompa Loompas, Charlie, Grandparents, Mr. Bucket, Mrs. Bucket, Matilda, James, Candy Man Kids, Phineous Trout, Augustus, Mrs. Gloop

**Location: Music Room 3:30-4:30**

Scenes Prologue-5: Wonka, Oompa Loompas, Charlie, Grandparents, Mr. Bucket, Mrs. Bucket, Matilda, James, Candy Man Kids, Phineous Trout, Augustus, Mrs. Gloop



**Monday November 18, 2019**

**Location: Music Room 2:30-3:30**

Music & Choreography "Think Positive": Charlie, Mr. Bucket

**Location: Life Center 3:30-4:30**

Scenes 7-9: Charlie, Mr. Bucket, Wonka, Grandparents, Mrs. Bucket, Phineous Trout, Violet, Mrs. Beauregarde

**Monday November 25, 2019**

**Location: Music Room 2:30-3:30**

Music & Choreography "I See It All On TV": Mike, Ms. Teavee, Phineous Trout

**Location: Life Center 3:30-4:30**

Scenes 9-10: Wonka, Phineous Trout, Violet, Mrs. Beauregarde

**Monday December 2, 2019**

**Location: Music Room 2:30-3:30**

Music & Choreography Scenes 6-10: Wonka, Phineous Trout, Veruca, Mr. Salt, Charlie, Mr. Bucket, Grandparents, Mrs. Bucket, Violet, Mrs. Beauregarde, Mike, Ms. Teavee

**Location: Life Center 3:30-4:30**

Scenes 6-10: Wonka, Phineous Trout, Veruca, Mr. Salt, Charlie, Mr. Bucket, Grandparents, Mrs. Bucket, Violet, Mrs. Beauregarde, Mike, Ms. Teavee

**Monday December 9, 2019**

**Location: Music Room 2:30-3:30**

Music "Cheer Up, Charlie" & "Think Positive (Reprise)": Charlie, Grandpa Joe, Mr. Bucket, Mrs. Bucket

**Location: Life Center 3:30-4:30**

Music & Choreography "I've Got a Golden Ticket": Charlie, Grandpa Joe, Mr. Bucket, Golden Ticket Winners & Parents

**Monday December 16, 2019**

**Location: Music Room 2:30-3:30**

Music & Choreography "I've Got a Golden Ticket": Charlie, Grandpa Joe, Mr. Bucket, Golden Ticket Winners & Parents

**Location: Life Center 3:30-4:30**

Scenes 11-12: Charlie, Grandparents, Mr. Bucket, Mrs. Bucket, Wonka, Golden Ticket Winners & Parents



# EARN CASH FOR OUR SCHOOL

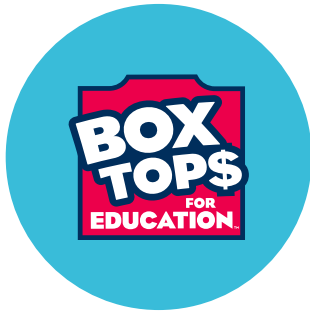
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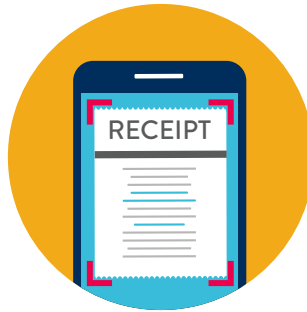


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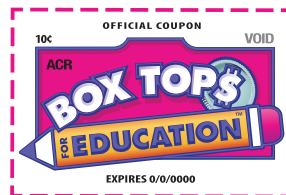
Use the app to snap a photo of your receipt within 14 days of purchase.



### EARN CASH FOR OUR SCHOOL

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**You do not need to clip or send Box Tops labels to school.**



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Traditional Box Tops clips are being phased out of production but may continue to be found on many products throughout the store as packages transition to the new Box Tops labels. **You can still clip these and send them to school.** Please make sure each clip has a valid expiration date.



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See official rules [here](#).

## Scan your receipt on the Box Tops app for a chance to win a \$20,000 school makeover.

*Sweepstakes begins 7/15/19 and ends 11/15/19.*

NO PURCHASE NECESSARY. Begins: 12:00 a.m. CST on July 15, 2019 and ends 11:59 p.m. CST on November 15, 2019. Open only to legal US residents, 18 years of age or older who are members of BoxTops4Education.com and have designated a school to support at time of entry. Membership to BoxTops4Education.com is free and available at [www.boxtops4education.com](http://www.boxtops4education.com).

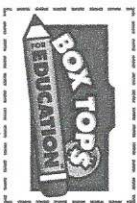
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# CLIP & SCAN



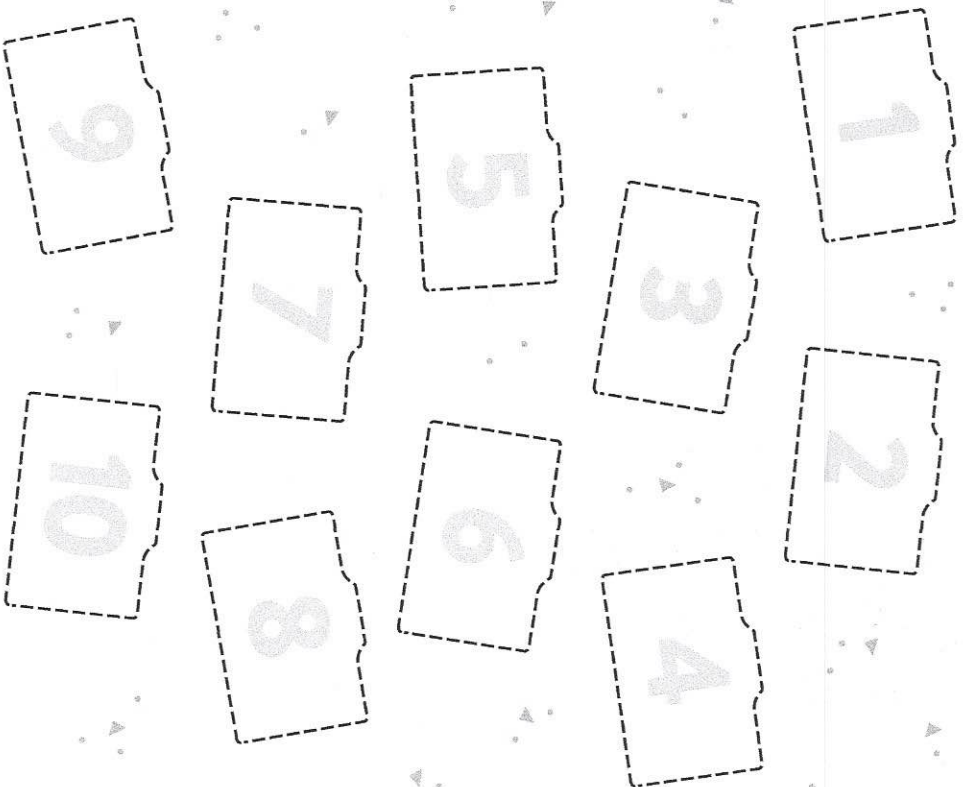
**CLIP:** If your package has a traditional Box Tops clip, cut it off and attach it below. Each clip is worth 10¢ for your child's school. Please be sure each clip has a valid expiration date.



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**SCAN:** If you see this label, use the new Box Tops app to scan your store receipt within 14 days of purchase. The app will find participating products and instantly add Box Tops to your school's earnings online. No clipping required! Tell us your scan date and earnings below.



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<b>2</b>	RECEIPT SCAN DATE:	<input type="text"/>	EARNINGS FROM THIS RECEIPT:	<input type="text"/>
<b>3</b>	RECEIPT SCAN DATE:	<input type="text"/>	EARNINGS FROM THIS RECEIPT:	<input type="text"/>
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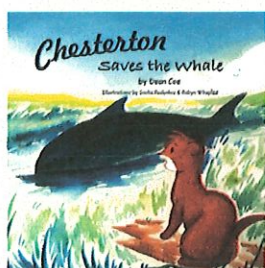
**TOTAL EARNED FROM RECEIPT SCANS:**



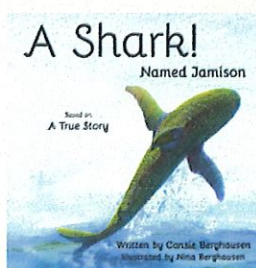
# JOHN F. KENNEDY HYANNIS MUSEUM

## FAMILY FUN WEEKENDS

The John F. Kennedy Hyannis Museum is pleased to begin offering Family Fun Weekend events this fall. Each Saturday we are offering a different activity for children. We encourage families to come visit the museum together. Parents can enjoy our museum exhibits while your children enjoy our special events and will get a discounted ticket rate of \$7.00. The activities are each Saturday, 10:00-11:30 am. There is no charge, but pre-registration is required so that we know how many participants for each week's event. Here are the events we have planned:

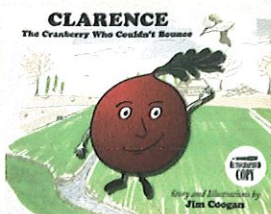


**Saturday, September 14th:** Join Cape Cod author Dean Coe as he presents three of his stories about Chesterton, the good natured weasel. We will begin with *Chesterton Saves the Whale* at 10:00, followed by *Chesterton Saves the Bunnies* at 10:30, and the final story at 11:00, *Chesterton's Weekend Rescue*. Books will be available for signing. This event is for ages 5-10.



**Saturday, September 21st:** Author Consie Berghausen will share her delightful Cape Cod books *The Comonant and the Clam* and *A Shark! Named Jamison*. These stories are based on Ms. Berghausen's first hand experiences with Cape Cod's ecology and animals. Books will be available for signing. This event is for ages 5-10.

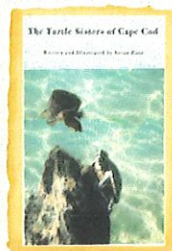
**Saturday, September 28th:** We're hosting our own Cranberry Festival! Favorite children's author Jim Coogan will return to the museum to present *Clarence the Cranberry Who Couldn't Bounce*. Chef Dylan Jordan of Rendezvous Café will teach how to make delicious cranberry muffins. Each participant will get a bag of cranberries and a copy of the recipe. Mr. Coogan's book will be available for signing. This event is for ages 4-10.



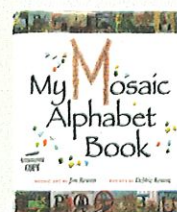
**Saturday, October 5th:** Come enjoy a relaxing morning sharing a story with the therapy dogs of the Companion Animal Program of Cape Cod. We look forward to the wonderful time shared between our participants and these wonderful dogs who love to listen to children read! We will provide some wonderful stories for you to share! This event is for ages 5-12.



**Saturday, October 12th:** Rene King and the YMCA Cape Cod Young Achievers will be here to help participants make Cape Cod's own "Kindness K-Hogs." Remember, "if you can be anything, be kind." We will paint and decorate quahog shells with expressions of kindness. This event is for ages 6-adult!



**Saturday, October 19th:** Author Susan Baur will share the ecology of Cape Cod's Ponds through her series of *Turtle Sister* books about two stink pot turtles. Come and learn about our ponds and enjoy these wonderful stories! This event is for ages 5-11.



**Saturday, October 26th:** Our final event will be hosted by Michael Ferreira, Barnstable Intermediate School art teacher. Mr. Ferreira will help us create beautiful paper mosaics based on Jim Bowen's Book *Mosaic Alphabet*. This event is open to all ages!

Sponsored By



Please remember to pre-register for these events at [www.jfkhyannismuseum.org](http://www.jfkhyannismuseum.org), click on the education tab. We also welcome you to register by phone, 508 790 3077 Ext. 5





# TOWN OF YARMOUTH

1146 ROUTE 28, SOUTH YARMOUTH, MASSACHUSETTS 02664-24451

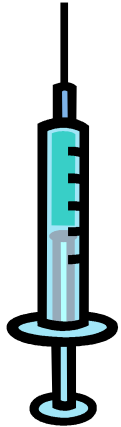
Telephone (508) 398-2231, ext. 1241

Fax (508) 760-3472

Board of  
Health  
-  
Health  
Division

## FLU SHOT CLINICS

**BY APPOINTMENT ONLY**



**18 years of age and older**

**When:** Friday, November 1, 2019

**Call 508-398-2231, ext. 1241 to make appointment.**

**Where:** St. Pius X Church – Parish Life Center  
Barbara Street (Off of Station Avenue)  
South Yarmouth

**Time:** 3:00 p.m. – 5:00 p.m.



**FREE** with most medical insurance plans,  
and those with Medicare Part B

\*Those 65 years of age or older are eligible for HIGH DOSE vaccine:  
**Quadrivalent (four-component) vaccine**

**Must Bring Photo ID & Insurance Cards**

\*\*\*\*\*

### **PERSONS WHO SHOULD NOT BE VACCINATED:**

1. Persons who have an allergy to eggs or egg products.
2. Persons who are ill and have a fever should delay vaccination until the fever and other temporary symptoms have gone.
3. Persons who were ever paralyzed by Guillain-Barré Syndrome.
4. Anyone who has had a past reaction to the flu vaccine.