



OCTOBER NEWSLETTER, 2026

We had a great September. The children are doing great coming into school in the morning and following the classroom routine. We are looking forward to all of the fun Fall activities that will be taking place in our classroom and homes.

The children are beginning to learn the Sign of the Cross, Guardian Angel Prayer and Hail Mary. The Rosary will also be introduced in honor of the Feast Day, October 7th, Our Lady of the Rosary.

After learning about Johnny Appleseed, where apples grow, the parts of the apple, having a taste test and using descriptive words to describe apples and naming apple products, we made a delicious apple snack, APPLE BOATS on Friday. (Recipe: apple wedge, pretzel stick and triangle shaped cheese) During the week, for art we made Apple People and painted with apples. Some Apple/Fall Math activities - Learning how a scale works, weighing apples and pumpkins with objects in the classroom while learning new words such as heavy, light and equal, one to one number correspondence of apples 1 -10, sorting apples by colors and rote counting up to 30 when doing calendar activities.

October Themes: Fall Happenings, Fire Safety, Pumpkins, Forest Animals, Halloween and Pets. Begin learning the letters of the alphabet this month, the Wilson Phonics Alphabet, and Marching Around the Alphabet song. Practice writing names and naming letters in their names. Chanting/singing songs, rhyming songs, movement activities, alphabet puzzles, matching and identifying letter activities. Beginning to write names, writing in journals, art activities, cutting and gluing, beginning to learn concepts of print, understanding that words have meaning.

Important Dates to Remember

October 7 - 9:30 Mass (PreK will not be attending)

October 9 - Our Lady of Aparecida, 1:00 St. Pius X Church (PreK will attend)

October 12 - No School, Columbus and Indigenous People Day

October 14 - Interim Reports issued

October 15 and 16 Parent Teacher Conferences - Dismissal is at 11:30. After Care is available, however children must bring their lunch from home.) Look for information in the Sunday Notes from the Office.

October 22 - School Photo Day
October 22- Parent Social
October 31 - Halloween Party, Details to follow

Please remember to read the SUNDAY NOTES FROM THE OFFICE. A monthly calendar listing ALL school events, lunch menu, early dismissals, dates changes, etc. plus more is in this informational packet. Thank you.

SOME HELPFUL TIPS to help the PreK classroom run more smoothly -

1. Please send water bottles with secure sipping straws that close tightly. Some children are not ready to independently close their water bottle securely and we are having many water spills.
2. Children should be bringing their morning snack in a separate bag. Please do not put it in the lunchbox. It is too difficult for them to remember to take it out of their lunchbox when they are unpacking their backpacks in the morning.
3. Please send in a change of clothes, including underwear, if you have not done so already. (Blue and white pants and tops, no character clothes please) You might want to change out shorts for long pants. Accidents happen and we want your child to feel comfortable in their own clothes.
4. Please dress your child in comfortable shoes for active play and movement.
Thank you.
5. Please send your child to school with a jacket or sweatshirt. The playground can be cold and breezy this time of year.
6. We cannot have eggs in the classroom, however we can have peanut butter.

Some Important Self Help Skills to practice at home – Bathroom skills. Many children struggle with these skills and we are always available to help flush the toilet or talk your child through a process. However it is less stressful for them when they are comfortable and confident with taking care of their own personal needs. The bathroom can also be a bit scary for some children. The flushing of the toilets is loud, there can be another child in the next stall, the water is running, they are away from the classroom and other children might be going in and out. It is a lot for a young child to handle. Practicing these skills at home will help them be more confident. Also, please talk to them about appropriate bathroom behavior, such as: not peeking under the stalls, not crawling under the stall to keep the door locked when they are finished so that another child cannot get into the bathroom when needed, only using an appropriate amount of toilet paper so that the toilet does not overflow and not hanging on the safety bars. The bathroom is a very interesting place for 4 year olds! Thank you!

Arrival and Dismissal – You are all doing a great job following our safety rules. Thank you for understanding and adapting to the changes.

Difference between a traditional preschool and St. Pius X School Pre-Kindergarten

Children are attending school with children ages 3 - 11, which can be overwhelming, especially when a child is not used to being around older children and many adults. Teachers who they do not know greet them in the morning or help them to the cars in the afternoon, which can be a

little scary at first. Children attend Specials, (Art, Music, Library, PE) and have different teachers for the Specials. We follow a school wide Schedule which interrupts or shortens our classroom time. We are an academic based program preparing the children for the SPXS Kindergarten. There is a lot of activity around us which can be distracting and sometimes overwhelming until we have all adjusted to our surroundings. The children have usually adjusted to their new surroundings by the end of September but some children need a little extra time and that is OKAY. They are all doing a great job and we need to be patient and understanding, giving them the time they need to adjust to their new routines and surroundings. Do not be discouraged, they will all get there!

Please contact me with any concerns or questions via email or call the office if you need to speak to me. I will get back to you as soon as possible.

Happy Fall!
God Bless you and your family!
Mrs. Maryann Tremblay